

| | Monday | | | Tuesday | | | Wednesday | | | Thursday | | | Friday | | |
|---------------------|---------------|-------------------|---------------------------|---------------|---------------|---------|---------------|------------------------------------|---------|---------------|------------------------------------|-----------------------------|---------------|---------------|---------|
| | Morning | Afternoon | Evening | Morning | Afternoon | Evening | Morning | Afternoon | Evening | Morning | Afternoon | Evening | Morning | Afternoon | Evening |
| Office | | Youth Admin & 1:1 | Girls Club & Seniors Club | | | | | Youth Admin & 1:1 | | | Youth Admin & 1:1 | Juniors Club & Seniors Club | | | |
| Main Hall | Princes Trust | Princes Trust | Boxing TBA | Princes Trust | Princes Trust | | Princes Trust | Princes Trust | | Princes Trust | Princes Trust | Boxing TBA | Princes Trust | Princes Trust | |
| Centre Space | Princes Trust | Princes Trust | Girls Club & Seniors Club | Princes Trust | Princes Trust | | Princes Trust | Princes Trust | | Princes Trust | Princes Trust | Juniors Club & Seniors Club | | Princes Trust | |
| Kitchen | Princes Trust | Princes Trust | Girls Club & Seniors Club | Princes Trust | Princes Trust | | Princes Trust | Princes Trust Youth Admin & 1:1 | | Princes Trust | Princes Trust Youth Admin & 1:1 | Juniors Club & Seniors Club | Princes Trust | Princes Trust | |
| Sofa Space | | | Girls Club & Seniors Club | | | | | | | | | Juniors Club & Seniors Club | | | |
| Workshop | | | Motor Project | | | | | | | | | Motor Project | | | |

Youth Admin & 1:1
 Princes Trust
 Boxing TBA
 Youth Club Sessions
 Motor Project